

After your abortion did you experience any of these?

- Nightmares
- Frequent Crying
- Anger
- Hopelessness
- Flashbacks
- Fear
- Anxiety

Are you experiencing these?

- Preoccupation with the Aborted Child
- Anniversary Reactions
- Troubled Relationships
- Repeated Abortions
- Alienation from God

Do you need to grieve, to face this forbidden grief and forgive yourself?

PATH can help!

To members of the community

As a nonprofit organization, we rely solely on your goodwill to fulfill our mission of service. We invite you to journey with us through your prayers, practical assistance and generous financial support. Help us to continue this healing.

For more information call

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404-717-5557

Visit us on the Web at

www.healingafterabortion.org

Your gifts are tax-deductible.

PATH

4151 Clairmont Road
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Post Abortion Treatment & Healing
A registered 501 (c) (3) nonprofit organization

PATH

*POST ABORTION TREATMENT & HEALING
FOR WOMEN AND MEN*

Is there hope after an abortion?

YES!



**HOPE
HEALING
FORGIVENESS**

"I would like to say a word to women who have had an abortion. The wound in your heart may not yet have healed..... do not lose hope...."

--John Paul II



We strive to:

- **W**alk individuals through the grieving process, often thwarted following an abortion. Layers of denial, anger and confusion are unraveled, giving way to acceptance and forgiveness.
- **P**rovide a safe place for one to honestly address his/her feelings and explore, with others, how he/she came to make this decision and why it is still so painful today.
- **H**elp individuals become reconciled with God. Many women and men are extremely fearful that this is the one unforgivable sin and they can never be forgiven.
- **O**ffer access to trained facilitators who strive to represent the loving forgiveness and presence of God, and to lead these individuals back to relationship with Him.

Group and Individual Bible Study

- Women study scripture through Forgiven and Set Free, written by Linda Cochran and published by the Christian Action Council.
- Men use Healing a Father's Heart, which includes both a Bible study and journaling.
- Carefully trained PATH facilitators walk participants through a grieving process, step by step.
- PATH facilitators gently lead women and men through various stages of grief: denial, anger, depression, and forgiveness, towards acceptance and finally, letting go.
- Sessions last about 1-1/2 hours, once a week, for 10-15 weeks and may take place in both individual or group settings.
- Complete Confidentiality.

Rachel's Vineyard Retreats

- The retreat process is called "Rachel's Vineyard," developed by Psychologist Theresa Burke.
- It uses a technique called "Living Scriptures," a creative dramatic process utilizing hands-on techniques, whereby the mercy and compassion of God is experienced in a profound way, and the pain of the past is transformed into love and hope.
- Through rituals and exercises, post abortive individuals have an opportunity to bring to the surface and release repressed feelings of anger, shame, guilt and grief.
- The weekend helps the hurting soul find a voice, and transform the pain of the past into love and hope.
- Complete Confidentiality.

"At last I have arrived at a haven. Here is a place of safety and healing. Comfort, safety, nurturing, respect -- such respect -- beauty and sacredness. In a harsh world that denies my experience of loss and closes out my need to heal, this retreat offers a pathway to peace and to God."

--one woman



Call 404-717-5557